

## TERME DI SATURNIA RENEWS ITS SPLENDOUR

THE RESORT REOPENS WITH A NEW RELAXATION AREA AND A WINTER GARDEN AT THE EDGE OF THE SPRING, THE RENOVATED 1919 RESTAURANT AND IN AUGUST THE STELLATA WILL ALSO SHOW ITSELF IN ITS NEW GUISE.

### ***A renewed wellness experience, a new culinary adventure***

A new restyling project less than 4 years from the major renovation completed in September 2020 which involved all the hotel's rooms and common areas

**Saturnia, 22 July 2024** - Terme di Saturnia Natural Destination, a temple of longevity in the heart of the Tuscan Maremma where wellness for more than 3,000 years has revolved around its powerful thermal water, from 24 July reopens the doors of the Resort, Golf and Club after a major renovation that includes the renovation of the 1919 Restaurant, a new winter garden and an overflow relaxation area on the spring pool. The project also sees the relaunch of La Stellata Trattoria, a country restaurant overlooking the golf course.

The project puts the guest at the centre of the experience: each new feature is in fact the result of listening deeply to their wishes and sometimes even their suggestions, especially those of the many customers who have been returning to Terme di Saturnia with constant frequency for years.

Hence, the 1919 Restaurant fine dining, the oldest restaurant in the Tuscan Maremma within the resort, sees a total renovation of the spaces next to the large, much-loved and scenic thermal pool. The result is an elegant new veranda, overlooking the spring, with a totally revised interior design. Soft colours such as ecru with a few touches of powder blue have been chosen to tell of the world of water and inspire a sense of calm. Upholstered and enveloping are the armchairs in the indoor lounge that invite comfort, as do the soft lights that create a sophisticated and relaxing atmosphere. Natural materials have been selected for the veranda in front of the pool, which takes on elegant tones and narrates the strong link with the surrounding environment, amplified by the skillful use of plants and greenery that bring nature between the tables: a harmonious dialogue between outside and inside.

The backdrop of the veranda is decorated with a covering - 'Maritime Pines' - that seems to continue the panorama visible from the springs in the Saturnia hills, creating the illusion of a continuous natural landscape.

The veranda has been designed with full-height sliding glass windows that can be fully opened to facilitate use during the summer and spring months. The volume of the veranda now allows more natural light to penetrate and air to flow into the restaurant. Furnishing accessories include armchairs with decorative leaf cushions and glazed ceramic tables, small armchairs in shades of blue that recall the colours of the spring, and locally produced handmade terracotta lamps.



NATURAL DESTINATION

Overlooking the pool, a new relaxation area has also been created, air-conditioned indoors and connected to the Roman Bath, much in demand by customers looking for a cosy space where they can relax between thermal baths and SPA treatments. This water lounge was designed precisely to ensure peace and comfort with a relaxing view of nature. Here, too, there has been a predominant use of natural colours, from rope to sand, for the relaxation loungers and soft curtains, interrupted only by a few soft blue poufs outlined by light piping that cluster around a brazier in a central area surrounded by candles.

The atmosphere is soft and elegant, perfect for relaxing.

The main companies used in this project include Talenti, Toscot, Livoni, Fluxo, Marazzi, Anellari, Jannelli & Volpi for wallpapers, and Keracoll for water-based acrylic paints.

Finally, the restyling also involves La Stellata Trattoria, the traditional Maremma country restaurant, which will reopen on 7 August, maintaining its cornerstones - traditional Tuscan cuisine, simple recipes, local excellences and seasonal ingredients - but with completely revised interiors and furnishings. The latter focus on dark green wood and woven string, local stone vaults and walls, terracotta floors and Tuscan enamelled majolica and patinated copper light fixtures that create a warm and welcoming atmosphere, inspired by Tuscan tradition, while winking at the contemporary.

Outside, the original farmhouse has been extended with a completely redesigned veranda and pergola that overlook the well-kept 18-hole golf course and the splendid Saturnia countryside and, thanks to the large, fully-opening windows, allow a perfect fusion of indoor and outdoor space. The result is a relaxing environment, where nature enters harmoniously into the restaurant, offering emotions in every season. But the news at La Stellata also concern the kitchen with the inclusion in the centre of the restaurant of an open artisan grill that will be the star of all barbecued dishes. 'In this way \_ explains Salvatore Quarto, Executive Chef of Terme di Saturnia\_ our guests participate in the creation of our dishes, adding emotions and memories to their evenings with us. This is why we also like to finish the preparation of some dishes right in front of them, such as the final 'rite' of cacio e pepe proposed directly at the table'.

From the reopening on 3 September 2020 after major renovation work involving all the rooms and common areas of the facility, just under four years have passed to date, a confirmation of the dynamism and spirit of renewal of a historic reality and world icon of wellness immersed in the heart of the Tuscan Maremma.

## PROJECT FILE

**Project Manager:** Ing. Marco Albi Marini, Terme & SPA Italia Group

### 1919 RESTAURANT, VERANDA AND RELAXATION AREA

Executive Architectural Project:

Arch. Fabio Lattanzi and Arch. Silvia Statella - lastArch Srl

Interior Design Project and Art Direction:

Arch. Manuela Mannino (team Arch. Francesca Benedetti) - THDP

### LA STELLATA TRATTORIA

Architectural Project and Interior Design:

Arch. Fabio Lattanzi and Arch. Silvia Statella - lastArch Srl



TERME DI SATURNIA

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NATURAL DESTINATION

## TERME DI SATURNIA NATURAL DESTINATION – MEDIA NOTES

*120 hectares of wellness where a millennia-old spring from which a unique, powerful water flows at the foot of a medieval village. Here stands Terme di Saturnia Natural Destination a Natural SPA & Golf Resort, whose power is encapsulated in the water of its Spring, which emerges naturally after a 40-year journey into the folds of the Earth and gushes out at a constant temperature of 37.5°C. A beneficial water for everyone: over 3,000 years popes, peasants, centurions, generals, kings and exponents of every hemisphere, along with hundreds of thousands of people from all over the world have bathed in it, benefiting from the antioxidant, anti-inflammatory and dermatological properties of the waters of Saturnia, which propel this place into the Olympus of wellness.*

*Today Terme di Saturnia Natural Destination represents a unicum in the heart of the Tuscan Maremma, a temple of natural longevity now an icon in the world of hospitality and wellness, a Historical Brand where excellence and professionalism in services, attention to detail and contact with nature are the secret of a long success story of over 100 years. A 5-star Resort affiliated with "The Leading Hotels of the World" and "Starhotels Collezione"; a refined gastronomic offer with the 1919 Restaurant and authentic with La Stellata | Trattoria; the SPA with spa and beauty treatments, medical consultations and innovative massages inspired by the gifts of nature; the Active Beauty Skin Care Line based on Bio-Plankton, an algae that spontaneously matures in the Spring, a concentrate of minerals and beneficial nitrogenous substances dissolved in it; the Thermal Park, a thermal water and nature trail, among the largest in Europe; the Club, dedicated to members or external guests who also wish to have access to the Spring and the Resort's facilities; the Golf, a Geo-Certified 18-hole championship course of 6.316 meters on 70 moved hectares, designed by renowned American architect Ronald Fream.*

*Terme di Saturnia is at the forefront of wellness care thanks to the Terme di Saturnia Method, which, with its programmes, combines 5 ingredients of health and psychophysical wellness: specialist medicine, nutrition, SPA and spa treatments, movement, and energy rebalancing through naturopathy.*

*A long-standing stage for major international events, today the 5-Star resort and Thermal Park are global icons of hospitality and wellness, with the hotel voted in 2023 for the second consecutive year among the top 5 SPA Resorts in the world by Travel + Leisure.*

*All this is not enough to describe Terme di Saturnia: it lacks the excitement and loyalty of the guests who for years have chosen it as the ideal destination for their well-being.*

*Terme di Saturnia Natural Destination is part of the Terme & Spa Italia group, which, founded in Rome in 2021, brings together some of the most important thermal and spa sites in Italy thanks to the experience developed with the acquisition of the Terme di Saturnia complex - an icon in the world of hospitality and wellness immersed in the Tuscan Maremma. The objective of the Terme & Spa Italia group \_ of which Terme di Chianciano Saturnia and Monticello SPA are part \_ is to satisfy the growing demand for health and wellness in Italy through the development of innovative services, protocols and wellness experiences that complement the sector's traditional activities'. [www.termedisaturnia.it](http://www.termedisaturnia.it)*

## CONTACTS



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