



Palmaia is more than a resort. It is a vision of wellness that does not exist elsewhere. It is a concept that recognizes that the healing process is a journey, not a destination and that to travel it, one needs to balance body, mind, and soul.



Strategically situated at the tail end of the most beautiful beach in the **Riviera Maya** and surrounded by more than 988 acres of undisturbed jungle and a kilometer of pristine beach.

THE ARCHITECTS OF LIFE

The property's holistic program offers an array of over 30 transformative wellness experiences, inviting guests to explore and partake in the daily schedule of nature-immersed activities such as yoga, guided meditations, pre-hispanic rituals, sound healing sessions, cacao ceremonies, temazcal, holistic nutrition workshops and more, allowing deeper personal exploration of the physical body and the subconscious mind.

Beautiful indoor and outdoor locations host these activities, starting with pranayama and yoga classes every morning, where guests can enjoy a multi-level variety between Hatha, Vinyasa and Therapeutic Yoga, a perfect way to follow up on your daily practice while enjoying the gorgeous jungle and beach settings.



RESTAURANTS

Palmaia is the first resort of its kind to offer a gourmet health concept based on predominantly plant-based cuisine – including 4 globally-inspired restaurants, 24-hour in-suite dining, one award-winning taco food truck, a café with healthy snacks and smoothies, wide variety of natural beverages along with carefully curated alcoholic and non-alcoholic crafted cocktails and local spirits are also part of the property's offerings.

RITUALS OF SOUND

Palmaia's Rituals of Sound program invites experimental musicians who perform curated deep-fusion electronic music at Eolo, a captivating Mykonos-style Beach Club where guests can delight in a laid-back atmosphere and nourish themselves through music, dance, and sharing a great drink with friends.



ATLANTIS - SPA IN THE JUNGLE

Nestled between the jungle and cenotes, our spa experiences seek inner harmony and renewal through the healing properties of mother nature and the hands of our master healers. **All Atlantis Spa experiences have an extra cost.*

OCEANFRONT SUITES

234 terraced oceanfront suites provide the perfect fit for everyone, whether in the adults-only building, the family-focused suites, or the accommodations perfect for friends sharing. All meticulously designed as animal-product-free and offering biodegradable amenities made with locally procured natural essential oils.

- Suite Features:**
- 50" SMART TV
 - 24-hour Room Service
 - Minibar
 - Vanity mirror
 - Nespresso coffee machine
 - 100% biodegradable amenities
 - Hair dryer
 - Individual Control for Air Conditioning
 - Iron & Ironing Board
 - Bathrobe and Slippers
 - Premium Bed Linen
 - Laptop Size Safe Box
 - Nightly Turndown Service
 - Music Network via Bluetooth
 - Private Terrace
 - Unlimited calls to Mexico, the United States and Canada
 - High-speed Wi-Fi



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